

Do you want to return to work after caring for family? Do you need a skills "refresh" and help finding employment opportunities?

Return to Work

Skills Upgrading for Women
Re-entering the Workforce

Monday to Friday for 4 weeks
9:30am to 2:30pm
Start dates in January and
February 2018

(905) 527-2222
email@abea.on.ca
www.abea.on.ca

Ontario
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About the program

Return to Work is a program for women who have been out of the workforce for 3+ years. This 4 week training program will "refresh" your digital, numeracy and soft skills. Soft skills are skills like workplace communication, presentation skills, interview tips and work/life balance strategies. You will have access to employment resources and workshops to help you re-enter the workforce. The program will be built around you and your needs.

How to participate

If you have questions or if you would like to arrange an intake appointment, please connect with us. Limited spaces - call or email soon!

